



WHO Global Network for Age-friendly Cities and Communities





Rajagiri Hospital

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KERALA CHAPTER

37th National Annual Conference of Geriatric Society of India

Dept. of Geriatric Medicine Amrita Institute of Medical Sciences, Kochi

37th National Annual Conference of Geriatric Society of India

Theme

Decade of Healthy Aging: Paradigms and Innovations

GSICON 2024 WORKSHOPS

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GSICON 2024 KERALA CHAPTER

37th National Annual Conference of Geriatric Society of India

Dept. of Geriatric Medicine Amrita Institute of Medical Sciences, Kochi

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Theme

Decade of Healthy Aging: Paradigms and Innovations SCAN HERE

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Rajagiri Hospital

WORKSHOP ON COMPREHENSIVE GERIATRIC ASSESSMENT

Workshop for Doctors in different aspects of Geriatric care .



Order No.: C 6/28206/MC/CME Date: 30-11-2024 CME Credit: 0.75 hours each



Conducted by Dept. of Geriatric Medicine Amrita Institute of Medical Sciences, Kochi

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FOR MORE DETAILS

Dr Aswin SurjitSoumya TS94464 7167290800 78447

Enhancing Geriatric Care: Comprehensive Geriatric Assessment

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Objectives:

- Understand the components and importance of comprehensive geriatric assessment (CGA).
- Learn practical skills to implement CGA in clinical practice.
- Discuss case studies and engage in collaborative problemsolving.

I. Introduction (20 minutes)

- Welcome and Registration
- Overview of Workshop Objectives
- Icebreaker Activity: Share experiences with geriatric patients.

II. Understanding Comprehensive Geriatric Assessment (45 minutes)

- Presentation: What is CGA?
- Definition and components (medical, psychological, functional, social)
- Importance in improving patient outcomes
- Discussion: Current challenges faced by GPs in geriatric care

III. Key Components of CGA (60 minutes)

- Breakout Sessions: Focus on each component
- Medical Assessment: Chronic disease management and medication review
- Functional Assessment: ADLs, IADLs, and mobility
- Cognitive Assessment: Screening tools(mini cog)
- Psychosocial Assessment: Mental health screening, social support
- Group discussions: Sharing tools and resources

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IV. Practical Application (60 minutes)

- Role-Playing Scenarios: 4 stations
- Participants to conduct mock CGA interviews using case studies.
- Feedback and Debrief: Discuss findings and approaches.

V. Interdisciplinary Approach to CGA (30 minutes)

- Presentation: Collaborating with other healthcare professionals (nurses, social workers, pharmacists)
- Discussion: Developing referral networks and resources.

VI. Q&A and Closing Remarks (15 minutes)

- Open floor for questions
- Key takeaways and resources for further learning
- Feedback survey distribution

Expert Faculties

- Dr. Priya Vijayakumar, HOD and Professor
- Dr. Divyamol Sasidharan, Assistant Professor
- Dr. Anusree A S, Senior Resident
- Dr. Pallavi Mohan, JR III
- Dr. Asmi Sainil, JR II
- Dr. Arth Nischal, JR I
- Ms Niveditha Dietician
- Ms Silpa MSW

Target Audience: Doctors and healthcare providers working with geriatric population

Secure your spot today and join us for this invaluable workshop!

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Decade of Healthy Aging: Paradigms and Innovations SCAN HERE



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WORKSHOP ON Falls & Fall Prevention

Order No.: C 6/28206/MC/CME Date: 30-11-2024 CME Credit: 0.75 hours each

Workshop for Doctors in different aspects of Geriatric care .







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FOR MORE DETAILS

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Preventing Falls in Older Adults: Assessment and Intervention Strategies

Duration:

3 Hours

Objectives:

- Understand the risk factors and consequences of falls in older adults.
- Learn how to conduct a comprehensive fall risk assessment.
- Explore effective interventions to prevent falls.

Agenda:

I. Introduction (15 minutes)

- Overview of Workshop Objectives
- Brief Icebreaker: Share a personal experience related to falls in older adults.

II. Understanding Falls in Older Adults (30 minutes)

Presentation:

- Statistics and impact of falls
- Common causes and risk factors (e.g., medical conditions, environmental hazards, medications)
- Discussion: Participants share observations from their practices.

III. Comprehensive Fall Risk Assessment (45 minutes)

- Presentation: Key components of a fall risk assessment
- History taking: past falls, medications, vision, etc.
- Physical examination: strength, balance, gait

Interactive Activity:

- Demonstration of assessment tools (e.g., Timed Up and Go test)
- Participants practice assessments in different scenarios

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IV. Interventions for Fall Prevention (45 minutes)

Presentation:

- Evidence-based interventions (exercise programs, home modifications, medication management)
- Referral to physical therapy and community resources

Group Activity:

• Case studies where participants develop intervention plans based on assessed risks.

V. Collaborative Approach and Resources (30 minutes)

Discussion:

- Importance of interdisciplinary collaboration (e.g., physical therapists, occupational therapists)
- Share local resources for fall prevention (community programs, educational materials).
- Q&A Session: Address participant questions and concerns.

VI. Wrap-Up and Evaluation (15 minutes)

- Key takeaways and resources for further learning
- Distribution of feedback forms
- Closing remarks

Expert Faculties

- Dr. Priya Vijayakumar
- Dr. Divyamol Sasidharan
- Dr. Arun David
- Dr. Pallavi Mohan
- Dr. Asmi Sainil
- Dr. Arth Nischal



Target Audience: Doctors and healthcare providers working with

geriatric populations

Secure your spot today and join us for this invaluable workshop!



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Theme

Decade of Healthy Aging:

Paradigms and Innovations

Geriatric Emergency Workshop: Order No.: C 6/28205/MC/CME Date: 30-11-2024 **CME Credit: 2 hours**

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WORKSHOP ON Geriatric Emergencies

Workshop for Doctors in different aspects of Geriatric care.



13 DECEMBER

IMA HOUSE KOCHI

9 AM TO 4:30 PM

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13 DECEMBER 2024

09:00 AM - 04:20 PM

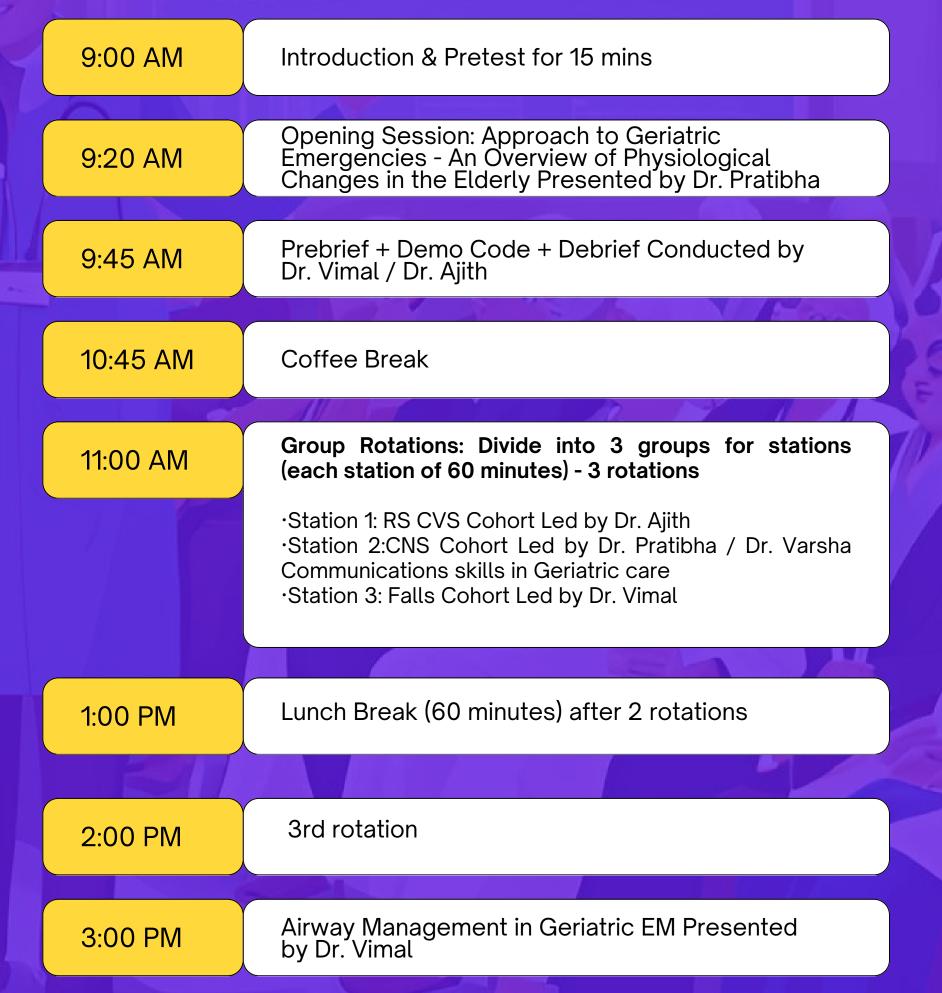
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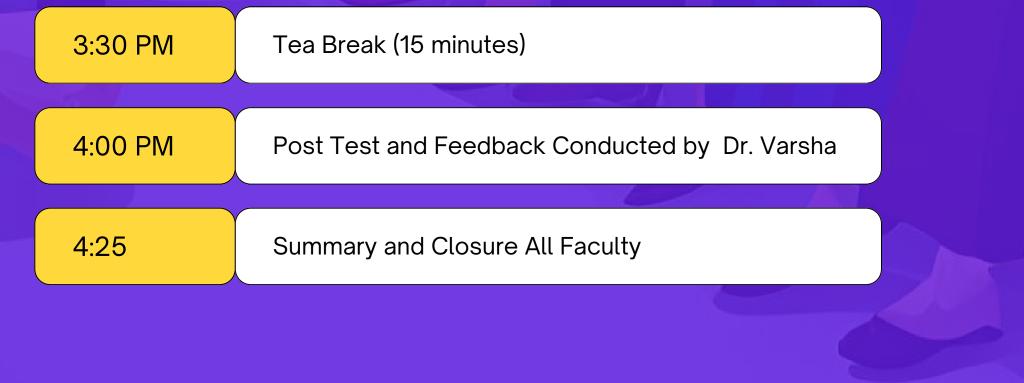
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SESSION DETAILS

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9 AM TO 1 PM

Rajagiri



Order No.: C 6/28206/MC/CME Date: 30-11-2024 CME Credit: 0.75 hours each

Workshop for Doctors in different aspects of Geriatric care .

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KOCHI

Conducted ByREGISTERIndian Society Of Critical Care MedicineNOWCochin City Branch

DECEMBER

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EXPERTS & FACULTIES



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TOPICS COVERED

9 AM - 9: 25 AM

9:30 AM - 9:55 AM

10 AM - 10: 25AM

10:30 AM- 11:10 AM

- Fluid Resucitation in Geriatric Critically III patients : Dr Jaicob Varghese , Rajagiri Hospital , Kochi
- Electrolyte disturbances in Geriatric ICU patients : Dr Cuckoo Sarah Kuruvilla , Medical Trust Hospital , Kochi
- Delirium in Geriatric ICU Patients:

Dr Sreevalsan TV, Welcare Hospital, Kochi

PANEL DISCUSSION End of Life Care in Geriatric ICU Patients

Moderator : Dr Jojo K John, Medical Trust Hospital

Panelists :

- Dr Ranjith Unnikrishnan, Apollo Adlux Hospital
- Dr Anuroop Balagopal , Aster Medicity
- Dr Sreevalsan TV, Welcare Hospital
- Dr Nita George VPS Lakeshore

TEA BREAK

11:30 AM - 1:15 PM

STATIONS

- HFNC : Dr Melwin George , Mr Allan Binny & Team Rajagiri
- Noninvasive ventilation: Dr Nita George & Team VPS Lakeshore
- Ventilation Basics: Dr Sandhya S & Team Medical Trust

• Ventilation COPD & ARDS: Dr Anuroop Balagopal & Team Aster Medcity

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Theme **Decade of Healthy Aging: Paradigms and InnovationS**

Order No.: C 6/28206/MC/CME Date: 30-11-2024 CME Credit: 0.75 hours each

WORKSHOP ON

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Geriatric Sleep Medicine -The Essentials







Faculty Dr. Nitika Dang Founder NAÕ Health

13 December 2024 **S** 2 PM TO 5:30 PM

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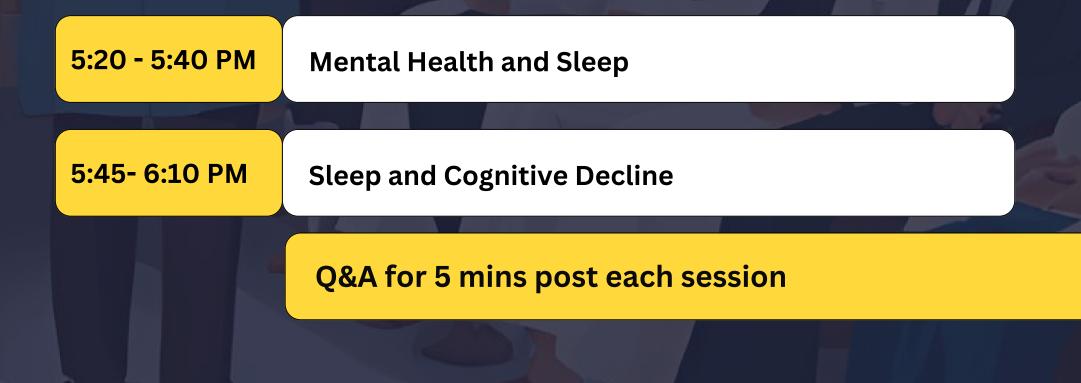
FOR MORE DETAILS

Dr Aswin Surjit Soumva TS 94464 71672 90800 78447

SESSION DETAILS

6

2:00 - 2:20 PM	Understanding Sleep Changes with Aging	
9		
2:25 - 3:25 PM	Sleep Disorders in the Elderly (OSA, Insomnia, RLS)	
3:35 - 4:20 PM	Patient hook up for overnight PSG- hands on training	
4:25 PM	Coffee Break	
4:40 - 5:00 PM	Circadian Rhythm and Aging	
5:00 - 5:20 PM	Impact of Sleep on Physical Health	





37th National Annual Conference of Geriatric Society of India



Kerala Nursing and Midwives Council (KNMC) has granted 5.5 CNE credit hours with No. C/102563/2024/NC-CNE dated 25/11/2024.

> Empowering Care: One-Day Workshop for Nursing & Allied Healthcare Professionals

Friday, 13th December 9 Am to 1 PM 2 Pm to 5 PM IMA House, Kochi



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WORKSHOP FOR NURSING & **ALLIED HEALTHCARE** PROFESSIONALS

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MORNING SESSION



Friday, 13th December 9 Am to 1 PM 2 Pm to 5 PM IMA House, Kochi

TOPICS COVERED



Effective Communication Strategies with Elderly Patients with Cognitive Impairments/ Dementia

Prevention and Treatment of Pressure Ulcers (bedsores)in **Older Adults**

> Optimizing Nutrition and Hydration for Aging Patient

FACULTIES

Prof. Sreedevi. P.A

Department of Mental Health Nursing Amrita College of Nursing

Prof.(Dr.) Sunil Moothedath

Department of Child Health Nursing Amrita College of Nursing







Join our essential workshop for nurses and paramedics to master general and specialty care techniques, including bedsore management, Communication in Dementia, and nutrition in the elderly

Don't miss out on this vital training opportunity!

Prof. Nidhin Elias

Department of Community Health Nursing Amrita College of Nursing

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WORKSHOP FOR NURSING & **ALLIED HEALTHCARE** PROFESSIONALS



Friday, 13th December 2 Pm to 5 PM IMA House, Kochi

AFTERNOON SESSION

TOPICS COVERED





Catheter care, Colostomy & Tracheostomy

CARE of bedridden patients including oral care and head to foot care.

We are excited to announce a crucial workshop at GSICON 2024 tailored specifically for nurses paramedics including tracheostomy, and catheter care & colostomy

Mr. Vipin Paul N P

Nursing Head Arike Palliative Care



Ms. Sheeba. Jose. K

Nursing officer secondary palliative care PHC Nettor



Don't miss this opportunity to enhance your skills and knowledge in providing exceptional care for the elderly. Register now and be a part of this essential workshop!

Course Coordinator

Dr. Boby Sarah Thomas

Director & Consulting Physician Kancare Assisted Living Solutions



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WORKSHOP FOR NURSING & ALLIED HEALTHCARE PROFESSIONALS

FRIDAY, 13TH DECEMBER 2024, 9 AM TO 5 PM , IMA HOUSE, KOCHI

Kerala Nursing and Midwives Council (KNMC) has granted 5.5 CNE credit hours for this workshop with Order No. C/102563/2024/NC-CNE dated 25/11/2024.

TIME	TOPIC OF THE SESSION	FACULTY/ RESOURCE PERSON
09:00 AM-10:00	Optimizing Nutrition and Hydration for Aging Patient	Prof. Nidhin Elias Department of Community Health Nursing Amrita College of Nursing
10:00 AM-11:00 A	M Prevention and Treatment of Pressure Ulcers (bedsores) in Older Adults	Prof.(Dr.) Sunil Moothedath Department of Child Health Nursing Amrita College of Nursing
11:00 AM-11:20 A	Tea Break	
11:20 AM-01:00 I	M Effective Communication Strategies with Elderly Patients with Cognitive Impairments/ Dementia	Prof. Sreedevi P. A. Department of Mental Health Nursing Amrita College of Nursing
01:00 PM-02:00	Lunch Break	
02:00 PM-03:45	Catheter care, Colostomy care & Tracheostomy care	Mr. Vipin Paul N. P. Nursing Head Arike Palliative Care
03:45 PM-4:00 F	Tea Break	
04:00 PM-05:00	Care of bedridden patients including oral care and head to foot care.	Ms. Sheeba Jose K. Nursing officer, Secondary palliative care PHC Nettoor
	13 th December 2024, Friday 9 AM to 5 PM	REGISTER

9 AM to 5 PM IMA House, Kochi, Kerala

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DAYWISE SPOT REGISTRATIONS APPLICABLE

FOR MORE DETAILS

Conference Secretariat

XXII 308 Aswathy, Shanthinikethan Gardens, Kavumpady Road, Muvattupuzha, Ernakulam District, Kerala. PIN 686661
 +91 944 647 1672
 gsikeralabranch@gmail.com

Registration Queries

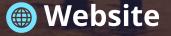
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